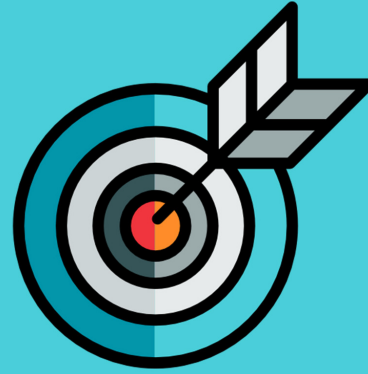


# Scientific Goal Setting



**Duration:** 4.5 hours

**Audience:** Managers and Associates

Set goals to define more achievable targets and not give up in the face of larger challenges and a broader vision. Create an environment with immediate practice and feedback.

## Program coverage

- **Skill drill 1: The importance of goal setting**  
In this skills drill, examples and activities are used to establish the need and importance of goal setting. OKR goal setting framework is also introduced to the participants
- **Skill drill 2: Appreciation for individual goal setting**  
In this skill drill, we share best practices on how you can take charge of your own goal setting and drive the discussion with your manager
- **Skill drill 3: Applying the risk management lens to goal setting**  
In this skill drill, we will apply the risk management lens to goals and identify what could derail you and put support and structure in place that can ensure success
- **Skill drill 4: Practice goal setting**  
In this skill drill, participants will apply techniques and best practices to create a personal goal sheet. We will use the OKR framework for this activity

## Post workshop evaluation

- **Qualitative: Self report survey measuring:**  
Projects started without establishing goals  
Improvement in goal completion rates due to risk management

## Post workshop support

Follow-up on goal setting exercise. Refresher learning through email on days 1, 10, 30 and 60, and a self report survey

Case Studies

Role plays

Exercises

Scenarios